

Stages of Growth unto Perfection through One's Own Soul

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"You have spoken about perfection of the physical body. Is the perfection of the human mind a necessity? And if so, what is the way to this perfection especially in regard to the fact that seekers or searchers have to go through phases of madness and confusion?"

Origin of Man on this Earth

There are two distinct and almost diametrically opposite sources of perfection and imperfection. One is the material source of perfection and imperfection; the other is the spiritual. The fundamental origin of both is from the same Source, the Creator Principles, the Triad.

The very emanation from the Triad has taken a turn in the opposite direction during the process of emanation. One process remained linked with and oned with the Triad and with the spiritual creations emanating from the Triad. The other process took the opposite turn and became matter, beginning with, what are known in astronomy as the black holes, the quasars and the nebulae. Ultimately, planets involved from the nebulae. This earth is a very small planet even in the solar system.

Because of the momentum of the process through which spirit involved into matter, the involved momentum caused the dense matter to re-evolve and separate on the surface of planet earth into the Five Elementals and the process of re-evolution through the Five Elementals resulted ultimately in man on this earth. Thus the matter from which the bodies of man and the woman have evolved has its origin beyond the quasars and the black holes, where the separation from the spiritual Source occurred. Though separate, it is fed by the spiritual Source without which the source of matter cannot exist.

Spiritual and Material Aspects of Man on this Earth

The very property of the spark, that is the soul, is inherently the same as that of the Source and even though it is a spark that has separated from the Source, the soul is sustained not merely by the properties of the Source inherent in it, but also indirectly by the Source. Though separate, the soul has a link with the Source in a certain mysterious and hidden way and the link with the Source is in one way or another

through the separate state but not directly through union with the Source. Therefore, the matter that is man or woman has a completely different foundation from that of the soul of the man or the woman concerned.

Man or woman on this earth has two distinct and opposite aspects. One is the matter that is the man or the woman in the form perceptible to the senses. The other is the soul or *atma* of the man or the woman concerned, and it is the soul or the *atma*, which sustains the matter that is man or woman even though they are separated through invisible veils of thoughtforms of the past, past, lives and biologically inherited tendencies. This separation between the human mind and the soul's mind is a reflection of that which separates a soul from the very Source of which it is a spark.

Thus, the very foundations of perfections and imperfections of a soul and a human being are not only different but are almost diametrically opposite. Therefore, the outward manifestations of both also differ widely. They differ definitely in the properties of the perfect man or woman emanating from or through the soul and the perfect man or woman emanating from that, which became matter from beyond the black hole and the quasars.

Material Foundation Must Lead to Downfall

Human minds often go after perfection of their own conception. If the foundation of their conception has material basis, then that outward perfection in form - whether of the human body or of thoughtform expressed in words or actions - is subjective and conceptual. It has nothing to do with the spiritual perfection at all.

Such human perfections often seem attractive to the perceptible senses of human beings. Civilizations have grown and have fallen on aims of perfection of such types. On this earth, there have been many civilizations in different parts of the world, which were considered to be the acme of perfection of one nature or another when they were at their peak. Some instances are the ancient Egyptian civilization, Babylonian civilization, Greek civilization, Roman civilization, Incas and Maya civilizations of South America and the civilizations of the holy lands of India, Iran and Israel.

No matter how great a civilization is, if it goes after forms in matter or if its ideal is forms having material foundation and not spiritual, it must fall. Such civilizations have fallen, are falling and will fall in the future for all time because their very foundation is limited, and hence their outgrowth cannot but be limited.

Basis of Conflicts within Human Minds

Similar trends can be observed in human beings. Individually, a man or a woman may inherit the same foundations from parents and fore parents with deeper causations of the past and the past, past, lives impressed on their souls. Their aim may be very laudable, but linked with matter. It may be to grow unto physical and mental perfection. At times, they may even be claiming to grow unto spiritual perfection through religions or outside religions. They grow up to a certain point towards that perfection and manifest in thought, word and deed, and the perfection leads to what are called arts and cultures of various natures.

Yet, they are all passing phases. If they are linked with the concept of religions, then at best, they are kept alive by customs and conventions and through myths and legends. However, if the mind goes outward unto perfection or other than perfection in some walk of life but with the material foundation as the basis of the way of life then, in most cases, at a certain stage such material goals create conflict in the human mind. The conflict arises between the aims of the human beings concerned, backed by their desires for perfection on the material foundation, and their own limitations or force of conditions around them which prevent them from achieving their aims.

Difference between Usual Madness and Spiritual Madness

Such conflicts lead to imperfections in the human way of life of those concerned, beginning with their very thoughts and emotions. And at times, when the conflict is more than they can bear, the human mind and emotions break down, becoming sub-normal in basis and abnormal in behaviourism. This is the usual type of madness prevalent in the world. It is all due to psychological conflicts, mostly of their own making. Sometimes, the trend is created in them by the surroundings or circumstances in their way of life. This type of madness is the lowest of the low imperfection in the human way of life. It has nothing to do with spiritual madness at all. Very seldom, such traits may be inherited, though this has not been proved.

Spiritual goal is the realization of one's own soul by direct knowledge, to begin with, leading to liberation of the soul from the matter-bound state and not merely developing conceptions about the soul. Until this goal is realized, every man and woman has to face the situation in which he or she is born with inherited tendencies from and through parents and fore parents as well as the past causations or *karmic* bondages impressed on the soul and the thoughtforms between the soul and the human consciousness. The thoughtforms well up as veils to be emptied through the human mind.

In case of those whose aim of life is to grow towards the soul, the whole trend is inward; not outward into various manifestations in thought, word and deed. To grow inward, even to reach the conscience, is difficult for most, though not impossible. As they grow inward, they face, within themselves and in their surroundings, opposition to the thoughts, things and persons they are attached to. When these conflicts, which are of their own making, are not solved in the right way whilst they are growing inward towards the conscience, their disturbances make them mad.

Their conscience is a great barrier between their human mind and their soul. Under such cases of growing inward towards their conscience, emotional and psychological disturbances develop in most cases. In psychology, they are known as complexes; superiority complex as an escapism to assert outward and inferiority complex when through inferiority their ego mind derives some satisfaction, as it does through superiority complex.

For those who are growing inward towards the soul, if they do not outgrow the complexes, it leads to abnormalities in behaviourism beginning with their thoughts, words and actions. In most cases however, even though many claim to do so, they

do not grow inward in the right way through their own religions or through the teachings of some people who claim to be spiritual *gurus* or Masters.

Right Gurus or Masters

The right *gurus* or Masters, do not go after the searchers or even seekers. They watch. If they see that their growth inward is in the right way, then they guard and grace them to grow inward further.

Guidance, however, comes only when the mind of the seeker is ready to obey, through Right Surrender, every thought that is given to him. This is not because it satisfies the right spiritual *guru* or Master; it is the spiritual law that unless one gives the very first value, to begin with, and later, the only value, to spiritual matters, the spiritual force that feeds through the soul of the seeker or the searcher concerned, will break his mind.

Therefore, they are not guided but are guarded and at times graced with or without their knowledge depending upon the conditions and the circumstances.

When they break through their conscience towards their soul, their human mind gets experiences of deeper inheritance from parents and fore parents and of past causations or *karmic* forces, known as *prarabdha karmas*, as they well up from the soul. Such welling up can create either conflict or emotional satisfaction and peace depending upon whether what wells up is to one's own liking or otherwise.

First Value, Strict Obedience and Unto the Last

When the conscience is perforated, the right spiritual mind that has been given the responsibility to guide such souls, guards them against pitfalls, graces them when they grow towards the soul and at times guides them when their human mind is prepared to be sacrificed at the altar of the Mind Divine. For that purpose, they are tested.

It is not enough when they merely say that they are prepared to sacrifice their human mind. For their own benefit, they are tested directly or indirectly through force of circumstances to determine whether they are really ready to be sacrificed.

If they pass the test, they are guided, as they deserve to be guided. Then, they must follow the Guidance in keeping with the three principles: (1) Giving the first value to Guidance to begin with, and ultimately the only value (2) Strict obedience with Right Surrender and (3) Perseverance unto the last until the goal is achieved, without side-tracking or going after other thoughts, things or persons of their own liking.

At such times, they are watched by High Beings who have the responsibility to guide their soul. Even then, they pass through conflicts of diverse nature in their own minds. These conflicts create a different type of madness.

Aim of Spiritual Madness

In that madness, the aim is to grow unto the goal of realization of their own soul. It is called spiritual madness. It manifests in diverse ways. In a general way, such people are called God-mad people. This madness is different from the average madness in which either the aim is vague or, even when fixed, it has some material basis.

The spiritual madness is completely opposite to the average madness founded on material basis. Yet, it is a phase in life. It is a phase which, when properly guided, guarded and graced, disappears in a fraction of a moment at the right time even though it may have continued for months or even years in many cases.

During such spiritual madness, the soul force is near the human mind. The manifestations of such human minds, no matter how seemingly abnormal, are beneficial to the surroundings in one way or another. Even their presence in the surroundings is enough, particularly for those human beings who are growing towards the same goal of liberation of the soul, beginning with the realization of the soul. They are helped without their knowledge.

Spiritual Growth through Inspirations and Intuitions

Then, a stage arises when they pass through that madness unto the next phase, and that is, getting spiritual inspirations, not psychological or human inspirations. Spiritual inspirations come from beyond the human consciousness.

Then, they grow further towards the soul. They become more and more conscious of not only inspirations, but constant inspirations leading to what are termed spiritual intuitions. They behave in the normal way as other human beings do. Yet, they benefit the humanity and the surroundings through their thoughts, words and deeds.

Beginning of Spiritual Wisdom

When they grow still further unto the spiritual realm, they come to the last phase of mental aberration or disturbance. Here, the matter has to be shed or the matter has to be the servant of the spiritual Source.

That type of mental aberration or madness is of the highest order spiritually. In it, they need not behave in any abnormal way. Or, they may at times behave in an abnormal way. But behind such abnormalities of behaviourism or lack of the same, their surroundings are pervaded by spiritual light. It can be termed the beginning of spiritual wisdom.

Growth unto Liberation of the Soul

From that state, they grow unto the liberation of their soul from the matter-bound state of the 'son of man'. Or, knowing by direct knowledge the Source that links their soul, which can be some higher soul or the Highest Soul as in case of descending High Beings, they radiate outward through the matter that is their human mind and

body, instead of separating from their human body and mind which is generally called death.

That permeation of their soul and the over-soul through their human body and mind radiates through their mind and body manifesting in diverse forms of perfection. The over-soul is always higher than their own soul and in case of a descending High Being, it is the Highest Soul. This perfection is not merely in their expression in words of the spiritual thoughts that they receive; it is in their whole material personality, which becomes the vehicle of that radiation. As that trend grows more and more unto the spiritual, the very matter that is their body grows towards becoming spiritual.

Cell Wall, Protoplasm, Nucleus, Vacuole and Golgi's Body: Reflection of Five Elementals

In every cell in the human body, there is solid matter, liquid matter and gaseous matter. And, there is the life principle in the solid matter, liquid matter and gaseous matter. That life principle is, what is called, *prana*. *Prana* is not merely conceptual like the claims of many so-called *yogis*. It is basically the life principle within matter; it is infused within the matter that is solid, liquid and gaseous and pervades outside matter that is solid, liquid and gaseous. The source of *prana* is that which is the finest of the fine matter known as space or *akash*.

Even microscopically, one can see that in a cell there is the cell wall which is the solid matter; the protoplasm which is the liquid part of the matter mixed with the solids; the nucleus which is linked not only with the liquid and the solid, but also with the life principle in the cell and that which is called the vacuole, the space in a cell and also that which is like space in a cell but is deeper than that, and is called the Golgi's body, around the nucleus, to begin with, permeating in every part of the cell.

These are the reflections of the Five Elementals in each living cell. The finest of the Five Elementals, which is *akash* or space, is linked with the Source of Sources, the All-Pervading Nothing.

When the Body Becomes One With the Soul

If the human body - not merely through the human mind, but through the soul's mind - can transcend from the solid, the liquid and the gaseous aspect of the matter unto the source of the life principle which is the sun, and which is the greatest block for the body to pass through, and then through the sun the human body can pass unto the source of the sun which is space or *akash*, and through this space or *akash* unto the Source of Sources, the All-Pervading Nothing, then every cell in the human body becomes spiritualized. When that state arises, the body as a vehicle of the soul is not only linked with the higher and higher soul, if not the Ultimate Soul, but it is oned with the soul. The body can then go with the soul wherever the soul goes, whether on this earth or beyond this earth or beyond the beyond as is willed by the Source of the soul that is God. God Bless You.