

## **Diamond and the Human Soul**

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### **Some Characteristics of a Diamond**

The diamond is valued by human beings as a precious stone. In fact, it is considered to be one of the most precious stones. It also has intrinsic geological value. It is the hardest substance on earth. In the world, there is no substance harder than the diamond. Besides, it is brilliant. A diamond without spots is the most brilliant stone on earth.

From the chemical point of view, a diamond is a piece of carbon, like coal, but with a difference. Under very great heat and pressure, the carbon atoms get purged of the impurities and become diamond. This is a general explanation, although the actual process is much deeper.

A diamond is a part of the surroundings from which it becomes. It is a crystal. It is a part of a stone, which has got some property, which permits it to become a diamond under certain conditions. In a way, the diamond may be called the essence of the stone involved.

Left to nature's agencies, it takes years, maybe centuries, for a diamond to come up to the surface. Sometimes, diamonds get washed into riverbeds and flow into the sea.

To retrieve a diamond from its parent stone is not easy. The removal of the stone is a difficult job. If one is not very careful, the diamond may get damaged. One can remove loose things like the soil still around the stone. The stone has to be carefully separated. One cannot use heat. One has to use mechanical means.

When one comes to the crystal, one does not know whether it is a diamond crystal or any other crystal like quartz, unless one has the necessary knowledge. Diamonds are rare, quartz are plentiful. The properties of quartz are very different from those of the diamond. Quartz is a product of silica; diamond is from graphite.

## **Diamond as a Gem**

When the diamond crystal is cut out in the right way by various means known to men and is polished, it becomes a gem. Then, the internal light of that diamond radiates out, apart from reflecting the external light. The internal light of a diamond is of a different nature from the external light, which it reflects. The internal light is not physical. It is judged according to its effect upon the one who possesses the diamond, as for example, the Kohinoor diamond whose history is well known.

## **The Soul Is the Human Diamond**

Now, this is symbolic of what may be called the human diamond. The human diamond is the soul of a human being. It is covered with all sorts of matter, which is the human body and the human mind. First, the loose matter has to be cleaned out like the outside soil over the stone in which the diamond becomes. That can be cleaned out even by hand. It can be washed off.

## **Cleaning of Thoughts**

Likewise, you can clean all your superficial thoughts. As you clean your superficial thoughts, see that you clean them in the right spiritual way. Otherwise, if you try to clean them in other ways, you will add to them. In cleaning out one thought, you will gather ten other thoughts. First, wash out your thoughts by giving them a right expression from the spiritual point of view. The spiritual expression should be such that it does not add to the thoughts.

Later, when the thoughts of a superficial nature are eliminated in the right way, deeper thoughts will arise. But, if you empty out superficial thoughts in the wrong way, more superficial thoughts will arise. It will then be like disturbing the inner part of the diamond.

The deeper thoughts are linked with deeper likes and dislikes of human beings in keeping with the conscience of each one. They are like the stone of the diamond. And, the conscience is the wall, which does not permit deeper thoughts behind the wall to come out.

This is where the trial of a seeker begins. By themselves, they cannot break through their conscience. They may do or say things according to their conscience. Spiritually, it has no value. On the contrary, it has anti-value.

## **Conscience: A Wall of Likes and Dislikes**

Only a few human beings have been able to break through their conscience on their own. One absorbs impressions from outside which go towards the subconscious plane of the human mind, while the thoughts that are already in the unconscious plane well up through the subconscious plane. These thoughts rising and sinking in opposite directions meet and form what may be called a thick veil or a wall. This wall is called the conscience. The conscience thus has in it likes and dislikes which the human mind begins to manifest in words and deeds.

Right education is that which teaches how the conscience can be pierced in the right way so that the deeper thoughts behind the conscience can find their way out. Most educationists, including psychologists and psychiatrists who are practicing psychology, do not know how to perforate the conscience in the right way. Only the true spiritual Masters know it.

Karl Jung, one of the pioneers of the modern psychology, who has written masterly works, when he met Raman Maharishi, a saint of India, realized that the Maharishi knew deeper aspects of psychology than he himself did.

## **Piercing of the Conscience**

The trial comes when the conscience has to be pierced. The human minds are very reluctant to break through the conscience because it hurts. When they are given even one spiritual test, just an initial test, which is well within their capacity but at the maximum level they can bear, most of them break off. This is because of their attachments to the thoughts, things and persons for which they have likes and dislikes. These likes and dislikes have become habits with them. That is why it is difficult for people to be near a true spiritual Master.

The atmosphere around a spiritual Master is such that particularly at the time of the test, it will hurt the conscience of the people concerned.

People are used to certain ways of life based on their past and their habits. In the surroundings of a spiritual Master, they have to do things according to spiritual values at least. And, when the Master gives direct or indirect instructions to do or not to do a particular thing in the interest of their growth towards their soul, they should obey from their innermost through right surrender. Thereby, they will be helped to "break in" in the right spiritual way.

Instead, it has been observed that many, who do not "break off", seem to obey in their outward behaviourism but resist internally. This resistance in an

atmosphere, which is truly spiritual, leads to their breakdown, physically, mentally and also, at times, spiritually. Therefore, those who want to grow through their conscience towards their deeper consciousness - subconscious and unconscious - should not “break off”, nor “break down” but should “break in” through right surrender.

### **Grace of the Spiritual Master**

When they “break in” through right surrender, the spiritual Master graces their soul, which helps them penetrate through the wall of their conscience unto deeper consciousness behind the conscience. It also makes their soul permeate through their deeper conscious, unconscious and subconscious planes. That gives unusual power to their thoughts in these planes and also forces these thoughts - known in the *Vedic shastras* as *prarabdha karmas* outward through their conscience.

### **Influence of Earth-bound Spirits**

Then, deeper trials of the disciples concerned begin, in keeping with their attachments to these thoughtforms linked with likes and dislikes. At such times, if they do not obey the guidance of the spiritual Master from their innermost, they get influenced by spirit forces - discarnate or incarnate - depending upon the link of the spirit forces with their likes and dislikes.

It begins with temptations to which most disciples succumb. Then, at times, they are even possessed by the spirit forces who, through such influences and possessions, empty themselves through the disciples concerned. In return, the disciples get the reward by way of fulfillment of their desires. However, such conditions make them spirit-bound and hinder their growth towards their soul in the right spiritual way.

### **Three Groups of Matter-bound Spirits**

There are three main groups of matter-bound or earth-bound spirits who are not liberated unto spiritual realms. They are: 1. Those that are ascending from lower planes linked with hell. 2. Those that are bound with material planes. The earth is one small part of material planes. Such spirits, known as matter-bound or earth-bound spirits, are also of three types. They are: Bad spirits ascending from the lower planes; static spirits bound with matter or earth plane; and good spirits, some of them even saintly, who are growing towards liberation but are not yet

liberated. 3. Those who are on the verge of liberation from the matter-bound states unto the first spiritual plane.

Being preyed upon by spirit forces are the dangers even for those who are graced to penetrate through their conscience by the right spiritual Master. Therefore, in order not to be a prey to spirit forces, they should remain oned with the spiritual Master who will guard them, guide them and grace them through their souls principally and, in case of rare souls, through their human minds and bodies also.

## **The Second Birth**

Thus, a right spiritual Master can guard, guide and grace chosen disciples even far away from his physical presence through their souls, provided they follow from their innermost whatever is guided, by following the three principles, namely: first, by giving the first value, and if possible the only value, to whatever is guided; second, strictest obedience from the innermost and third, unto the last whatever be the sacrifice of the ego till all their past and past, past, causations (*karmas*) are emptied out and, emptied of all veils, they begin to grow to know their own soul by direct experience, which is what is called the Second Birth in the scriptures.

This second birth is linked with what is known in *kundalini yoga* as *anahata chakra*. Many Discourses have been given on the object of *kundalini* and *chakras*. Here, we are only giving an indication of the connection between the second birth and the *chakra*.

## **Symbolic Diamond and Second Birth**

Now, let us see the connection between the symbolic diamond mentioned in the beginning and the process of the spiritual practice leading to the second birth.

The diamond has its material origin in the five elementals of nature, namely, *Akash* or space that became sun and the part of the sun that became the world, made up of air, water and earthy matter. Likewise, the matter that is man and woman have their origin in the same five elementals of nature, but with addition of the life principle, usually known as *Prana*.

Diamonds are of relative impurity. The pure diamonds having no impurity are rare. Likewise, men and women have different degrees of impurity and purity, depending upon the three bases, namely, the process from ultramicroscopic life

becoming macroscopic; inheritance from parents and fore parents and the way of life based on desires and ambitions.

In the process of becoming a diamond, the diamond gets mixed up externally with the earth earthy matter as it wells up from the underground depths and comes up to the surface. But that earthy matter is external to the diamond. Likewise, the human beings get mixed up with desires, which are linked with their likes and dislikes. This is more so as they go outward to fulfill their desires. Even when they aim at growing inward, but without proper protection of a right spiritual Master, they get mixed up with their subjective conceptions and the misguidance from the surrounding conditions.

The external impurities of the diamond as well as the human mind need to be cleansed in the right way; the former by the right physical means and the latter by the right psychological means.

As the external impurities are removed, in case of the diamond one reaches the matter that is the diamond. In case of the human being, one reaches the wall that is the conscience.

Both require the right way of cleansing, even of the external impurities. Hence the need for the right expertise in one case and right guidance in the other.

Removal of the internal impurities, which are embedded in the diamond, is still more difficult. It needs master diamond cutters, particularly if the diamonds are to be used as gems. Likewise, right spiritual Masters are needed to remove the internal impurities behind the conscience which well up from the soul through the unconscious and the subconscious planes of the human mind.

As these impurities get removed, the inner light of the diamond radiates outward through the gem. In case of the human being, the inner light of the soul radiates outward through the human personality beginning with the consciousness and then even through the matter that is the human body.

After realization of one's own soul, still deeper spiritual practices are necessary to liberate the soul unto the spiritual realm. But that subject shall be taken up at the right time in other talks or Discourses. God Bless You.

*(From talks given by Revered Dadaji, Dr. Dinshah K. Mehta, on February 21, 1975 and January 30, 1978, at the Delhi Branch of the Society of Servants of God.)*

Editor's note: The above Discourse was edited by Byram on June 16, 2019 and finalized on June , 2019 in Ambatpada, Village Waki, Dahanu Road, India. Some words were edited out, some were inserted, and some sentences were moved around, and others inserted so that the thoughts would flow better and the message becomes clearer.