

## God and the Origin of Spiritual Creation

According to Scripts and Discourses received by Revered Dadaji, there is one God who is eternal. But before God became there was, is and will continue to be for all eternity the Source of God and all that exists currently and will be created in the future. Dr. Mehta described this source variously as the “Source of Sources”; the “All-Pervading Nothing” and “Spaceless Spaciousness.” This Source of all Sources has been mentioned in the various major religions of the world, and has been given different names in different religions, such as:

- In the Vedic Scriptures, it is called “*Sarvanum Akarnum*,” which literally means the “Causeless Cause of all Causes”
- In the Scriptures of Zarathustra, it is called “*Zarvane Akarne*,” and means the same thing as explained in the Vedas. Note the similarity of the two names.
- In Judaism, it is called “*Ein Sof*,” which means ‘Without End’
- Christianity also accepts the term “*Ein Sof*” even though it is not mentioned in the New Testament.
- In Buddhism, it is called “*Antim Shunyata*” which literally means the “Ultimate Zero.”
- In Islam, this same state is called “*Fanaa*” or Baqaa

Within this Source of all Sources, for lack of a better word, energy started concentrating on a point. This was the first implosion. When the point could not absorb any more energy, it began to vibrate and still the energy kept on pouring onto the point and when the concentration of energy reached beyond the points ability to contain it, the point exploded. This was the first explosion. It is through this implosion and explosion within the All-Pervading Nothing, which is the Source of everything that the Word of God emanated, and through a series of 6 implosions and explosions it finally stabilized. The seventh explosion is still going on. These 7 cycles of implosions and explosions are referenced metaphorically in the Bible, where it is stated that God created the world in 6 days and on the 7<sup>th</sup> day He rested.

The Word of God is mentioned in various religions. In Hinduism, it is called “*OM*,” which according to the Vedas is the “Soundless Sound” of the Word of God. In the Scriptures of Zarathustra, it is called “*Ahura Mazda*”. In the Bible, according the Gospel of John “In the beginning, there was the Word and the Word was with God and the Word was God.” In Islam, the Word is called “*Allah*”, and in Sikhism it is called “*Naam*,” which literally means “Name”.

When the Word of God emanated from and within the Spaceless Spaciousness, the All-Pervading Nothing, it eventually stabilized. Subsequently, through a series of implosions and explosions, four beams of Spiritual Light emanated from the Word, and formed what Revered Dadaji referred to as a “Quartard”. However, one of the beams of the Quartard was unstable, and because it was unstable, due to the force of the explosions, it separated from the Word and fell far away from its source, the Word, and took a turn in a direction which is opposite to the movements of the other three beams of Spiritual

Light. This unstable beam of Spiritual Light, which separated from the Word, is still linked to the Word indirectly through the All-Pervading Nothing and, even though it fell away from the Word, it is sustained by the All-Pervading Nothing but not through the Word. However, because it fell far away from the Source, it developed characteristics which are opposite to the spiritual movements and became dark. This fourth beam of light became the anti-Divine, and thus Satan came into existence.

As a result of revelations received through Dr. Mehta and recorded in various Scripts and Discourses, the SSG teaches that in order to prevent this fourth beam from falling indefinitely away from the Word, Jesus the Christ was asked to descend to hell and establish a foundation beneath hell so that it would not fall further away from the Divine. According to Scripts, the High Soul that incarnated in the human personality known as Dr. Mehta accompanied Jesus when he descended into hell, in order to help stabilize hell. SSG also teaches that hell is a state of being where the state of consciousness over which Satan governs is so stifled that free will as we experience it on earth, is absent. Hell-consciousness is much lower than the material plane of consciousness which we refer to the earth plane because we are on earth.

The other three beams of Spiritual Light remained linked with the Word and are being continuously fed by the Source of Sources, through the Word. These three beams of Spiritual Light form the Holy Trinity, or the *Trimurthi* in the Hindu religion, and Dr. Mehta referred to them as the “Creator”, the “Sustainer” and the “Re-creator”. These beams of Spiritual Light have been personified and given various names in different religions, such as:

- In the teachings of Zarathustra, they are called *Asha*, *Vohumana* and *Kshatravairyo*.
- In Hinduism, they are called *Brahma*, *Vishnu* and *Shiva*, who is also known by other names such as *Mahesh* and *Rudra*.
- In Judaism they are called *Raphael*, *Gabriel* and *Michael* or *Mikhail*.
- In the New Testament, they are referred to as Father, Son and Holy Ghost.

These three beams of Spiritual Light making up the Holy Trinity are continuously fed by the Source of Sources through the Word. They create and sustain all of creation. Rev. Dadaji explained that as far as creation is concerned, **collectively these three beams of Spiritual Light are God. However, God, who is the Source of the Word and these three beams of Spiritual Light, is in a spiritual plane which is beyond the Holy Trinity and the Word.**

The SSG teaches that a sub-principle, also in the form of Spiritual Light, emanates from each of these three principles or three main beams of Spiritual Light. These three sub-principles or beams are relatively smaller than the main beams, and have also been personified, but have been given female personalities. Thus, in Hinduism the sub-principle that emanates out of *Brahma* is called *Saraswati*, the sub-principle that emanates out of *Vishnu* is called *Laxmi*, and the one that emanates out of *Shiva* is called *Parvati*. These sub-principles have been given different names in other religions.

Because these sub-beams are the source of what are considered to be female traits, and because they emanate out of the main beams of Spiritual Light, it is mentioned in the Bible, as a metaphor, that Eve was made out of Adam's rib. These sub-principles, together with the three main principles, are depicted in what is known as the "Star of David" or the "Shield of David." Dr. Dinshah K. Mehta described the three aspects of the Holy Trinity as beams of Spiritual Light. Spiritual Light is totally different and is not to be confused with physical light like that of the Sun and stars which, unlike Spiritual Light, is made of matter.

As these beams of Spiritual Light that make up the Holy Trinity radiate outwards from the Word, into the Source of Sources which is the All-Pervading Nothing, they are also being continuously fed by the very Source of Sources through the Word. So, on the one hand the three beams of Spiritual Light are being fed through the Word and are radiating outward from the Word into and within the All-Pervading Nothing but, after they have travelled a certain distance in a straight trajectory within the All-Pervading Nothing, their outward forward movement is blocked by the very All-Pervading Nothing which is feeding them. So, the All-Pervading Nothing, which is feeding the three beams of Spiritual Light emanating from the Word, also becomes a barrier and prevents the beams of Spiritual Light from continuing indefinitely in a linear fashion.

Therefore, because the three beams are being fed continuously by the Source, the All-Pervading Nothing, through the Word, and because they are also blocked by the same Source, their Spiritual Light cannot continue to move in a straight line. So, their linear trajectory takes a circular turn, and that circular turn is in the clockwise direction. This was the first circular turn within the All-Pervading Nothing linked to these beams of Spiritual Light. However, because these beams of Spiritual Light are being continuously fed by the Source of Sources, the All-Pervading Nothing, the momentum of their circular motion also continues to increase, and as the momentum increases, the clockwise circular movement of these beams of Spiritual Light encounter increasing resistance from the All-Pervading Nothing at the periphery of the circles. As a result of the resistance put up by the All-Pervading Nothing, the periphery of the circles of Spiritual Light developed serrations. Since the Source of Sources is all-pervading, these serrations are also penetrated by the All-Pervading Nothing, and as the momentum of the clockwise circular movement increased, due to the continued feeding by the Source, the serrations became larger.

At this stage, due to the resistance which they encountered from the All-Pervading Nothing the serrations at the periphery of the circles, took a turn in the direction, which is opposite to the clockwise movement of the circles. Thus, this second circular turn within the All-Pervading Nothing is counter clockwise and is linked to the three beams of Spiritual Light which together form the Holy Trinity.

As mentioned earlier, the three beams of Spiritual Light that form the Holy Trinity, are being continuously fed by the All-Pervading Nothing through the Word and will continue to be fed for all eternity. Due to the steady stream of power from the Source of Sources, the momentum of the clockwise circular movement increased, and is increasing

continuously. Thus, the Holy Trinity began to evolve within the All-Pervading Nothing, and this clockwise movement of Spiritual Light is the source of spiritual creations. But the counter clockwise circular movement, which is at the periphery of the circular motion of the three beams of Spiritual Light, began to involve within itself, and through that involvement, the bright Spiritual Light became dark Spiritual Light, and by further involution through a process that, according to Dr. Mehta, cannot be described in human thoughts and much less so in human language, the dark Spiritual Light became transformed into dark material or physical light and manifested as black holes that are in the cosmos, and can be observed by astronomers. It is through the black holes that the spiritual Source of all Sources continuously feeds and sustains the physical universe, which began after what astronomers refer to as the “Big Bang”. And it is still expanding.

As a result of revelations received by Dadaji, the SSG teaches that all black holes are not the same. There are evolving black holes, stabilizing black holes, and devolving black holes. It is through black holes that dark material or physical light gets transformed to bright physical light. The concentration of matter in the black holes is so great that astronomers conjecture that one teaspoon of matter that is contained in black holes can weigh several tons on earth. When matter which is the dark physical light of black holes implodes, and when the concentration of the imploding physical dark light reaches the maximum beyond which further concentration of the physical light, which is matter, is not possible, then the dark light explodes into what astronomers call quasars. It is through exploding quasars that the dark physical light of black holes gets converted to bright physical light, which then condenses into nebulae, and the nebulae later condense into suns and planets, which form the various solar systems. One such solar system is the one within which Earth exists.

If one will observe the movements of galaxies, one will see that except for a few, all of them are rotating in a counter-clockwise direction. Earth rotates on its axis in a counter-clockwise direction, and also revolves around the sun in a counter-clockwise direction. This counter clockwise direction and the process of dark Spiritual Light becoming dark material light is symbolized by some ancient religions and cultures in the form of the Swastika. The Swastika has been a sacred symbol for thousands of years and unfortunately was desecrated by the Nazis during the short period when they were in power.

### **Origin of Biological Creation**

The planet earth stabilized after eons of time, and over many millennia when the surface of earth cooled sufficiently, it separated into five distinct states of matter. In the Vedic Scriptures, these five different states of matter are called “*Panch Mahabhootas*” which literally means, Five Great Spirits. Rev. Dadaji referred to them as the Five Elementals – not elements. This is because these elementals are the source of the elements identified in chemistry and organized in the Periodic Table.

The Five Elementals, or *Panch Mahabhootas*, are space, heat/light, air, water and earth earthy. Space is also referred to as sky or ether. As a primal elemental, space is much

more than the sky or the ether, as the terms are commonly understood. In the Vedas, space is referred to as “akash” and is phonetically pronounced (aaa-kaaa-sh). *Akash* or space contains within it subatomic particles, and is a medium through which the life principle, known as “*prana*”, gets created. Further, *akash* is also a medium through which spiritual records are stored within the realm of consciousness that is referred to as “Living Silence”.

The physical mass of space is greater than all the galaxies that float within it. Indeed, all the galaxies are part of space, just as all the creatures that live in the ocean are a part of the ocean. These Five Elementals are present wherever there is any form of life. This is so, even when the environment is toxic and there is great physical pressure, which commonly known life forms on the surface of the earth cannot withstand. Biological life has also been observed in the depths of the ocean where, through cracks in the earth’s mantle, hot gases and other matter from within the earth are spewing forth and all the Five Elementals are present. The source of the heat/light at these depths is provided by the hot molten lava that comes from within the earth. Air is dissolved in the water and water abounds in the ocean, and space is present in every atom and molecule, and earth earthy matter wells up through the cracks, and is also present from other sources in the water.

It has been recorded in the Vedic Scriptures that wherever these Five Elementals meet in the right proportions, life begins spontaneously. Rev. Dadaji, Dr. Dinshah K. Mehta explains this in terms acceptable to modern science and understandable by those who have some basic scientific education. When the five elementals combine in the right proportion and right combinations, this combination of the elementals provide the platform which enables DNA molecules to come into being. **Life as we know it begins when the Five Elementals come together in the right proportions and combinations and at the same time, the spiritual life principle (soul) and the material life principle (*prana*) intersect with the Five Elementals.**

These initial ultra-microscopic life forms have very short life spans, but after these ultra-microscopic life forms stabilized in due course of time, they evolved unto microscopic life forms, which in turn over thousands of years evolved into the different species of plants and animals. However, unlike the present-day understanding, Rev. Dadaji says that the different life forms did not evolve from the same DNA and RNA molecules. Dr. Mehta revealed that each species of animals, birds, plants etc. originated from a DNA molecule that is unique to that particular species and that this distinction will be discovered by the ascending sciences sometime in the future. Eventually, beginning with a distinct set of DNA molecules, human beings evolved in stages and went through various life forms till what is accepted as modern man became.

Ascending sciences are those sciences which piece together information which is called knowledge by taking the mind outwards and observing physical life outside oneself. Descending sciences on the other hand observe by going within and learning from the physically invisible Source. The following Script will shed some light on this difference.

## **ALL-KNOWING INTELLIGENCE**

*Intellect, as people on the earth plane know it, is absent on the Spirit plane. There is the All-Knowing Intelligence present there and not merely that intellect which is a collection of memories and rationality which is a relative faculty. The knowledge on the earth plane is a collection of memories of observations through the senses and various deductions and logical conclusions derived from such observations. On the Spirit plane, the Knowledge is not a product of so-called intellect, but awareness of Truth. Some people may be able to put this in words but only up to a point, but it needs to be realized.*

**(End of Script received on August 15, 1953)**

### **Free will and influence of the anti-Divine**

It is written that “God made man in His Image and Likeness” Rev. Dadaji explained that this does not mean that God looks like a man. What it means is that every principle that functions in the universe functions within the human personality. The human personality comprises the human mind, the human ego, and the spiritual entity, known as the soul. When a child is born, the physical body emerges into the physical dimension, but the human mind, which is limited, takes birth in an “Ocean of Consciousness”. The consciousness of all beings resides within the Ocean of Consciousness, although there are many different levels of consciousness within that ocean. Dadaji has explained that between the earth plane, and the highest spiritual plane, there are 7 planes of consciousness. Almost all human beings function within the first three planes of consciousness which, in modern psychology are called the unconscious, subconscious and conscious plane. Within each of these planes, there are 7 different levels of consciousness. So, there is the Ocean of Consciousness within which there are several planes and levels of consciousness and different minds function within this Ocean of Consciousness at the levels that are appropriate for them.

It is true that a high soul, who is directly linked to God and even oned with God, can incarnate in a human body and, in that limited sense, an aspect of God can and does look like a man, but it is important to note all of God does not incarnate in the body of a human being. In fact, even when a High Being, like Zarathustra, Ram, Moses, Buddha, or Christ incarnate and descends from one of the three beams of Spiritual Light that emanate from the Holy Trinity, it is only one ray from the beam that incarnates in a human body. This is because there is no human personality that can ever withstand the full intensity of one of the beams of the Spiritual Light, let alone withstand the full intensity of God.

Having stated the above, it is because God made man in His Image that man has been endowed with a free will. This is also an example of God’s humility. Instead of imposing His Will on man, the Divine Mind surrenders its Will to man by giving man the gift of free will. However, instead of using this gift of free will in sync with the Divine Will to further the Divine Plan, the vast majority of human beings use their free will to satisfy their

human minds and pursue their desires based upon their attachment to thoughts, things and people, which are all made of matter and are linked to matter. It is not matter that binds human beings to it, but it is the desire for and attachment to things of matter and forms of matter that bind human beings to the plane of matter, within which earth resides.

When we are attached to an object, we create an opening in our minds, through which we receive thoughts pertaining to the matter to which we are attracted. It is through these openings in the human mind that negative forces influence human beings. We call these negative forces un-Divine and anti-Divine forces, and in the Vedic Scriptures they are called *Asuric shaktis* or *Asuric* forces. On the earth plane, there are negative and positive forces all around us. Whereas the positive forces will not enter our minds to influence us unless we invite them to do so, the negative forces will try to take advantage of the openings in our human minds. This is reflected in the fact that honest people will not enter your home unless you invite them, whereas thieves will break into your home through openings such as doors and windows.

God revealed through Rev. Dadaji that hell is a state of being linked to a state of consciousness that is much below the earth plane and governed by Satan. Satan and the hordes of hell can influence creations in levels of consciousness that range from hell up to the earth plane and a little beyond the earth plane. But they cannot enter any spiritual plane. So, when we pursue our desires due to attachment to thoughts, things and people, we are creating openings through which the negative forces can influence us and further bind us to the earth plane and cycles of birth, life and death. To free ourselves from this bondage, we need to transfer our attachment from the desire for thoughts, things and people linked to matter to the Divine.

The following Script gives some idea about the importance of the principle of attachment\*.

### **ATTACHMENT IS A RESULT OF LOVE**

*Attachment should not be considered a negative force. It is a result of a positive force which is inherent in everyone. One can't just detach and remain in that state without being attached again to some other objective.  
Hence detach from all seen and attach yourself to Me and Me alone.  
Love is the force which attaches. But to be attached to Me purify that force by cleansing it of all the self associated with it and you will come nearer Me.*

**(End of Script)**

\*Attachment is one of the Seven Principles of Right Surrender.

## **Descent of the Divine Mind**

When the vast majority of human beings on earth pursue their own desires which arise out of attachments for thoughts associated with objects of matter and forms of people who are also made of matter, then over several centuries, humanity strays so far away from the Divine Plan which is unfolding through the process of creation that, unless this inertia away from the Divine Plan is stopped and made to change, the balance between the Divine Will and the anti-Divine will in manifestation gets upset. When this balance in physical manifestation is upset, it will lead to severe destruction not only on earth but through the earth, create an imbalance in our solar system which in turn will lead to catastrophic changes in the cosmos. This is one main reason why the Mind of God or the Divine Mind descends to the earth plane through High Beings incarnating in human form. Such descents of High Beings have happened throughout recorded history and even in prehistorical times. It is through such High Beings that the Divine Mind restores the balance between the Divine and the anti-Divine in manifestation on the earth plane, and for the benefit of humanity the Divine Mind also reveals spiritual principles through the High Beings. The High Beings then develop Rules of Conduct based upon the laws which emanate from the principles and the rules which emanate from the laws. The laws and the rules developed by the High Being are meant to reflect the spiritual principles and together they sometimes form the code of conduct and belief system of a new religion. It is through this process that all the world religions were founded, beginning with the religion which originated in Persia through the Prophet Zarathustra and the Vedic religion of India, and later manifested as Judaism, Buddhism, Christianity, Islam, and Sikhism, which is in the process of becoming a world religion.

Unfortunately, many people do not understand the difference between principles, laws, rules and systems. So, over time, they stop giving importance to the basis of the religion and remain attached to the rites and rituals. Thus, the religions devolve into religiosities which Rev. Dadaji explained is the practice of only the externalized rites and rituals. Fundamentally, the basis of all religions is the same having descended from the same source. But since most people give value to rites and rituals, they think that the rites and rituals of other faith traditions, which are generally different, are wrong. So frequently disagreements arise due to the differences in the rites and rituals, and unfortunately these often lead to violence. Therefore Rev. Dadaji, Dr. Dinshah K. Mehta, explained the difference between principles, laws, rules and systems, and emphasized that principles alone are inexorable and that one should never violate the principle upon which a manifestation is based.

## **The Importance of Principles**

Principles never fail. People do, when they violate principles. Principles are universal, whereas laws and rules are not. Laws and rules are specific to the medium through which a particular principle manifests. Most people are unaware of the fundamental principles that are supposed to be reflected through various religious rites and rituals. They remain stuck to the rites and rituals even when the external environment changes



and the rites and rituals no longer reflect the fundamental principles upon which all religions have been founded. Unfortunately, this is what happens with most religions.

Rev. Dadaji used to emphasize that the principles will guard and protect those who live by them, the principles will also guide them along the spiritual path, and the spiritual Master will grace those who weave the principles in their lives. Just what is it that the principles will guard against and protect people from? The principles will protect people from the tendency of their respective human minds to react to external physical stimuli and pursue their desires that arise from the attachments that develop to physical forms. Thus, the principles will direct and support them to do what is spiritually right, and the Master will grace their efforts and help them succeed in the spiritual endeavors.

Attachment to material thoughts, things and people gives rise to desire. The process of how attachment progresses to desire has been beautifully explained in a passage in Chapter II of a book titled *The Song Celestial* by Sir Edwin Arnold. This book is a poetic translation of the Bhagavad Gîtâ and the passage quoted below was a favourite of Mahatma Gandhi. A part of the passage is reproduced below:

“...If one ponders on objects of the sense, there springs  
Attraction; from attraction grows desire,  
Desire flames to fierce passion, passion breeds  
Recklessness; then the memory- all betrayed-  
Lets noble purpose go, and saps the mind,  
Till purpose, mind, and man are all undone. ...”

Many people are oblivious to the fact that they are trapped within the illusory universe, which is a subjective creation of their human mind. The ancient Hindu Masters recognized this and recited a prayer in Sanskrit, which is chanted by Hindus even today. When translated the prayer reads:

- From the untruth lead me unto Truth.
- From darkness lead me unto Light
- From death lead me unto Immortality.

In some translations of the above prayer, the Sanskrit word for “untruth” is translated as “unreal” and the word for “Truth” is translated as “Real”. The rationale for this translation is that only “Truth” is real. All untruths are unreal.

Instead of creating an environment where individuals can reduce their desires and focus on developing their own character and that of their children, leaders in developed

societies are focused on expanding their economies by developing products that will satisfy every desire one can conceive of. This trend contributes to the general detriment of the masses as is becoming more and more apparent. This has been the bane of humankind at least since recorded history.

Based on revelations received by Dadaji, the SSG teaches that at certain times, because of the continued imbalance between the Divine and the anti-Divine in manifestation on the earth plane, the Divine Mind begins to descend more rapidly. This is because, through the exercise of free will and the pursuit of desires, human beings stray further and further away from the Will of God. When the separation between the Divine Will and the will of human beings, which is manifested in their desires, reaches a critical point, the Sustainer aspect of the Holy Trinity can no longer sustain creation and maintain the balance between the Divine and the anti-Divine in manifestation. It is then that the Recreator principle, who has been personified as *Kshatravairyo*, *Michael* and *Shiva*, corrects the wrong trend by destroying only the wrong manifestation but not the spiritual entity, the soul, that is linked to the physical life forms that are indulging in the wrong manifestation. The descent of the Recreator principle to restore the balance on the earth plane is referred to in the Vedas as “the dance of *Shiva*”. The destruction, which results from Shiva’s dance of recreation, manifests through natural phenomena such as unexpected and rapid changes in weather, or incidents of tidal waves or tidal bores, and other types of destruction such as earthquakes, and volcanic eruptions. The “dance of *Shiva*” also manifests through wars which appear to be man-made but in fact result from human nature, which also goes in a state of turmoil because of the descent of the Recreator Principle.

The SSG teaches that-when the Recreator Principle destroys the physical manifestations that are not in keeping with the Divine Will, then the spiritual aspect linked to the destroyed matter grows one step higher in spiritual evolution, and out of the destroyed matter a new manifestation starts in the right direction. The Creator Principle, personified as *Asha* or *Brahma* or *Raphael*, begins to create anew. These new physical creations are once again sustained by the Sustainer Principle, which has been personified as *Vohu Mana*, *Vishnu* or *Gabriel*. The Creator, Sustainer and Recreator Principles are reflected in all the world religions, some of which refer to them as the Holy Trinity or Trimurti.

## **Concept of Soul**

There is a spiritual aspect associated with all matter. In matter that is geological, Spirit is locked up within matter, whereas in matter with biological life, Spirit is locked up within the matter that makes up the life form. However, there is another spirit entity that is not locked up within matter but is linked to the biological life form. This separate spirit entity is commonly called the soul or *atma*. Spirit was created before matter and subsequently, through the process described earlier, an aspect of Spirit involved within itself and condensed into matter. Biological life begins at the point when a biological life form gets linked through the material life principle, or *prana*, with the spiritual life principle called

the soul. It is through the material life principle that the soul can provide the spiritual energy needed to sustain the biological life form.

Perfect man and perfect woman were created by God and were endowed with the power to create souls. However, to retain the privilege and ability to create souls, the perfect man and woman had to maintain a perfect balance between Spirit and matter. Unfortunately, at a critical point, the perfect man and woman desired to experience matter, and as a result they tilted the balance away from Spirit and towards matter. Thus, the perfect man and woman fell from the spiritual planes and became bound to matter. This is symbolized in the story of Adam and Eve in the Garden of Eden, in which it is said that Satan influenced Eve to tempt Adam to eat the apple. This story is symbolic and not factual, even though it is based upon spiritual truths. SSG teaches that the sin that Adam and Eve committed was that they pursued their desire to experience matter. Hence, they fell from the spiritual planes and have lost the ability to create souls. Thus, the ability of human beings is now limited to procreating bodies made of matter.

Human beings are the highest creation on earth, and man, which includes woman, is the only creation that is endowed with a free will that is relatively unlimited, as compared to the will of birds and animals. So, although human beings have the same two major instincts of self-preservation and self-propagation, because of the gift of free will, they are not bound by these two instincts to the extent that the animals and other creatures are. Thus, whereas the procreative instinct and survival instincts including eating habits of almost all animals, birds and fish are controlled by instincts, human beings are free to indulge in sensual pleasures of eating, drinking and copulating as and when they desire to do so. Based on revelations received by Dadaji, the SSG teaches that indulging in sensual pleasures solely for the sake of self-satisfaction is sinful, because it takes one away from the spiritual way of life which culminates in oneness with God and binds one to the desires and the resulting karma.

Instead of ruining one's health through improper dietary habits and frittering away the procreative energy through wanton indulgence in sexual activity, human beings should eat a balanced diet to maintain their physical health, conserve this procreative energy and use it to grow towards God. Revered Dadaji has given many Discourses on the fundamental laws of health, proper dietary habits as well as on how to transmutate and sublimate the procreative instinct, which are all an essential part of the way of life that will lead to spiritual growth.

The futility of pursuing desires for material thoughts, things and people corresponds with teachings of the Buddha, where Buddha states that:

- Suffering is.
- The cause of suffering is desire.
- To eliminate suffering, eliminate desire.
- To eliminate desire, follow the eight-fold path.

## Meaning of Karma

The word Karma can have different meanings depending upon the context in which it is used. It can mean action only, or action as well as the reaction to the action.

Karma can also mean a chain of actions and reactions which form a karmic network of karma and not just one karmic chain. Depending on the thoughts behind the actions, Karmas can either take you closer to God or further away from God. Karma *Bhoga* is action or actions that are based upon human desires, which are usually contrary to the Divine Will and bind us to the objects or our desire. Karma Yoga is action or actions that are in keeping with the Divine Will and do not cause any bondage. So, every action can either take one closer to God or further away from God. For this reason, it is important to watch one's thoughts and be mindful. The sacred texts of SSG contain many Discourses on how one can grow spiritually through mindfulness and through Karma Yoga based upon the Divine Plan for an individual. SSG teaches that God has a plan for every aspect of creation. So instead of planning out one's life, SSG teaches that we should fit into the Divine Plan for us. When we pursue our own desires, we add to our personal karmic load and expand the web of karma.

The wheel of karma began when Lucifer chose to go his own way, because this is the point at which creation began to fall away from the Source of Sources and diverged from the Divine Plan. Thus, the wheel of karma began even before Spirit involved into matter, and ever since then all of us who are pursuing our own dreams and desires are adding to and expanding the wheel of karma.

Each thought that one dwells upon and remains attached to, leaves an impress on one's soul whether or not one manifests it in action in pursuit of one's desire. Moreover, all the thoughts that we fill our human mind with and which are not emptied out, eventually sink from the conscious plane of our human mind down to the subconscious and unconscious planes of the human mind. The unconscious plane of the human mind is the one that is closest to the mind of one's soul. So, at the time of death, thoughts which are in the unconscious plane of the human mind sink into and leave an impress on the mind of one's soul. These impressions on one's soul are what are referred to as "*Prarabhdha karmas*" in Vedic terminology. So long as a soul has these *Prarabhdha karmas* impressed upon it, it will have to be born repeatedly on the plane of matter. Unfortunately, instead of taking the opportunity provided by life to empty out these *Prarabhdha karmas*, almost all human beings add to the burden of the soul by creating fresh karmas that get impressed upon the soul. According to the Vedic belief system, a soul takes birth 8.4 million times before it finally purges all the *Prarabhdha karmas*. However according to Dr. Dinshah K. Mehta, this 8.4 million births is not standard for every soul. Some souls are able to empty themselves of these karmas in fewer lifetimes, whereas other souls remain bound and have to be born 8.4 million times 8.4 million, ad infinitum.

As was said earlier, human beings are the highest creation on earth, and man, which includes woman, is the only creation that is endowed with a free will. Man is also the only creation through which a soul can become liberated by emptying out the conscious,

the sub-conscious and the unconscious mind as well as the impresses on the soul known as *Prarabhda karmas*. So, reincarnation in human form is a great opportunity for souls to grow beyond the earth plane unto the spiritual planes, eventually becoming one with God. Much of this will depend on the state of evolution of the soul that incarnates into the human form. This will also depend very much on the consciousness of the parents before, during, and after the time of physical union. The consciousness of the mother during the gestation period also affects the vibration of the fetus in the womb, and this in turn determines the quality of the soul that gets linked up with the developing fetus and incarnates through the child. So, if at the time of copulation, the minds of the parents are focused on creating an opportunity for a higher soul to incarnate, then at the time of conception, it is more likely that a higher soul will be attracted to incarnate in that particular fetus. The SSG teaches that this is one of the reasons that the procreative instinct is a powerful tool that can be used to help liberate souls.

- Note: for a detailed discussion of Karma, refer to the book by Bahram Shahmardaan entitled: *Karma: Its Basis, Its Nature, Its Source How Karma Binds Us to the Cycles of Birth Life and Death How You Can Free Yourself From the Wheel of Karma.*

### **THE SECRET OF LIFE**

The secret of life is that there is no secret. It is however movement perpetual, movement from the infinite to definite and from definite to infinite. Further it is also movement from infinite to infinite and that movement is not conditioned ever. This is the highest state of movement in which condition does not exist. It is the state in which all that are and will be from all that has been ever and will be forever shall be and shall continue to be. This state of life is for none other than those who are free and have no condition of any nature to bind. But the life that is conditioned is the life that is created both in spiritual creation as well as material. Spiritual creations are free and yet bound down by the Spiritual laws, some more, some less, but all the same they are bound. Yet they are free in the sense that they are not conditioned to the extent that the material creation is conditioned. That which is \*material creation is conditioned to the maximum limit and has no volition or freedom. It is this shackle that binds one down to a fairly perpetual state of rounds which, unless it is broken by conscious efforts or Grace, can never be snapped otherwise. It is for these bound down human beings that Masters are sent to show them the path of liberation and free them from the chains. Yet there are many who not only do not take that chance, but positively oppose the Masters who have been sent to save them from that suffering of rounds and suffering within rounds. For that purpose, the ground for another one has to be prepared soon by My servants.

***(End of Script)***

\* In the above Script the words “**material creation**” refer to geological matter which is biologically lifeless

### **WAYS OF WORSHIP**

I create matter from Spirit that is Me and My Father. After that matter has evolved again to a certain stage, I permit a medium between matter and Spirit to manifest through it. That medium is life which is a reflection of Spirit in matter, but it is not pure Spirit. Further, in denser matter also, I allow at times manifestations of Spirit either in its native form or a form of life. Thus, even in matter as dense as stone, I permit either life or Spirit in one form or the other to manifest. This will explain the phenomenon of worship of an aspect of Me through matter. Actually, to a worshipper with devotion, I reveal Myself as Spirit associated with it but not that Spirit that is Me locked up in it. Therefore, those whose inner eye is not developed see in the matter only a dead substance with or without form with their physical eye. But in the same, to those who have the inner eye to see, I reveal the life and at times the Spirit. When these express what they see in such matter and through it, others who cannot see ridicule them and dub them insane. These are in the majority and hence one who sees the Reality has perforce to dissociate from them and lead a secluded life. This is one reason why those who begin to see with the inner eye like to remain aloof. There are other reasons also.

***(End of Script)***